

# \_\_\_\_\_’s Care Guide

I came to hospital on \_\_\_\_\_ and left on \_\_\_\_\_

 *my own notes*

I came in because I have \_\_\_\_\_



## Medications I need to take

My medication list has been provided and explained to me



## How I might feel and what to do

I might feel

What to do

Go to Emergency if:



## Changes to my routine

Activity (*i.e. dietary, physical*)

Instruction



## Appointments I have to go to

Go see \_\_\_\_\_ for \_\_\_\_\_ on \_\_\_\_\_ at \_\_\_\_\_

Location: \_\_\_\_\_ ☎ \_\_\_\_\_  booked

Go see \_\_\_\_\_ for \_\_\_\_\_ on \_\_\_\_\_ at \_\_\_\_\_

Location: \_\_\_\_\_ ☎ \_\_\_\_\_  booked



## Where to go for more information

For \_\_\_\_\_ call/go to \_\_\_\_\_ ☎ \_\_\_\_\_

For \_\_\_\_\_ call/go to \_\_\_\_\_ ☎ \_\_\_\_\_

For \_\_\_\_\_ call/go to \_\_\_\_\_ ☎ \_\_\_\_\_

**Patient Signature:**