

Current State Assessment Guide



The PODS form and process is built around the principles of using patient-centred content, design, and process features. Use this form to assess current processes. It will help identify gaps and guide how to fit PODS into what is already being done, to minimize work and maximize patient benefit.

Content

Do you provide teaching on the following information, either verbally or in writing?

	Yes, verbally	Yes, written	Yes, verbally & written	No	Partial	N/A
Medications patients need to take and why						
Normal expected symptoms						
Worrisome symptoms and what to do						
Changes to diet and/or activities						
Follow up appointments with phone numbers						
Useful resources for patients and families						

Design

Are your current written materials easy to understand and use?

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
The information relevant to patients and the content categories listed above are easy to find					
The information is easy to understand for a lay person					
A patient/caregiver will be able to understand what to do based on the information in the document					

Design

Do your current materials contain the following patient-centred elements?

	Yes	No	Kind of
Is the font large			
Is the language easy to understand and directed to the patient			
Are there visuals such as icons			
Is there clear distinction between sections			
Is there white space for patients/caregivers to take notes			
Is it available in multiple languages			

Process

Who provides teaching on each of the content elements?

	Physician or Resident	Nurse	Allied Health Professionals	Pharmacist	Multiple team members	N/A
Medications patients need to take and why						
Normal expected symptoms						
Worrisome symptoms and what to do						
Changes to diet and/or activities						
Follow up appointments with phone numbers						
Useful resources for patients and families						

Process

Are the following patient-centred practices used?

	Yes	No	Sometimes
Discharge teaching is consistently provided in the presence of the family/ caregiver			
An interpreter is used for patients with language barriers			
Patients and caregivers are engaged through teach back or other conversation techniques			
Follow up appointments are booked for the patient before they leave the hospital			

Is there anything else relevant that you would like to consider?


